

### **NUEDEXTA (Generic)**

Nuedexta relieves Pseudobulbar Affect (PBA) or emotional lability symptoms which are particularly devastating and embarrassing symptoms of ALS. Because of the sudden, unpredictable and uncontrollable episodes of crying or laughter that occur, those afflicted frequently isolate themselves from their world. PBA occurs when brain signaling is interrupted, causing a "short circuit." Although PBA symptoms can feel like depression, PBA is a separate, neurological condition and should not be treated with traditional anti-depressants.

Nuedexta also provides overall relief for other bulbar symptoms including speech, facial muscle control, chewing, and swallowing. Recognized anecdotally in many patients by ALS Worldwide, a NEALS (Northeast ALS Association) trial began in 2013 and concluded in 2015, verifying these observations.

The branded product Nuedexta is available through local pharmacies, but depending upon the particular insurance coverage provided, it can vary in cost from \$30 to \$800 per month. A compounding pharmacy, like Hopewell, can provide the generic form of this medication (Dextromethorphan/Quinine) fairly inexpensively so it's best to find out ahead of time what the cost will be.

Discuss Nuedexta, or its generic equivalent, with a neurologist, pulmonologist or primary care physician to obtain a prescription.

### **Prescription Information**

Dextromethorphan 25 mg / Quinine Sulfate 10 mg.

Dye Free Capsules

Dosage: One capsule (25mg / 10mg) taken once daily for first seven days.

On day eight, increase dosage by one capsule (25mg / 10mg) taken twice daily, with 12 hours between doses.

Can be taken with or without food at same time(s) each day

Oral consumption with water or contents of capsule via PEG

### **Recommended Pharmacy**

Hopewell Pharmacy and Compounding Center

1 West Broad Street

Hopewell, NJ 08525

Tel 1- 609-466-1960

Tel 1-800-792-6670, ext 3

Fax 1-800-417-3864

Email: [info@hopewellrx.com](mailto:info@hopewellrx.com)