# GLUTATHIONE CARE AND USAGE INSTRUCTIONS PRESCRIPTION INFORMATION

### **Care and Usage Instructions**

Compound glutathione at a concentration of 200mg/ml.

Using a 20 cubic centimeter (cc) syringe, draw-up 7cc of the glutathione solution. This provides 1,400mg of glutathione.

In the 20cc sterile syringe, also mix the glutathione with 5cc of sterile water.

The solution is injected through a 23- or 25-gauge butterfly infusion catheter intravenously over a 20-minute period.

Inject twice weekly in either arm for best effect.

#### **Physician Information**

Local physician should inject until he/she determines patient family is capable of doing themselves with his/her ongoing instruction/supervision as needed. Compounded glutathione has a 6-month expiration and should be refrigerated at all times to protect against light and heat until immediately before injection. Solution should be allowed to get to room temperature in catheter before administration (usually 10-15 minutes).

## **Prescription Information**

Compound Glutathione 200mg/ml, sterile water sufficient for treatment period (i.e. 2 mos)

Dispense: 30ml vial X 4 vials per shipment

Directions: In 20cc syringe draw up 7 cc's of Glutatione

Mix with additional 5 cc sterile water in same syringe Allow syringe and contents to warm to room temp.

Administer by IV (intravenous) with 23 or 25 gauge butterfly

needle/catheter

Do this same technique two times per week at same time each

week at 3-4 day

If patient weight is 175 pounds (80 K) or higher, inject three times weekly

#### **Pharmacy**

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